



IO SONO
FRIULI
VENEZIA
GIULIA



MULTISENSORY WEEKEND: flavors and heritage of friuli-venezia giulia

A unique and accessible journey into the heart of Friuli Venezia Giulia. This multisensory itinerary is designed for blind or visually impaired individuals and groups, as well as their companions, offering an in-depth exploration of the region's cultural and culinary heritage. Each day is a rich experience that blends authentic tastings and accessible cultural visits with activities specifically adapted for tactile and sensory enjoyment. With Udine as the base and a leisurely pace designed for everyone's comfort, the tour uses food as a key to understanding the region, combining archaeology, history, art, and local traditions into an unforgettable journey.

Base of stay: Udine.



Detailed itinerary:

- Day 1 - Arrival in Udine
- Day 2 - Trieste: Coffee as a Cultural Identity
- Day 3 – Aquileia: Archaeology and Chocolate
- Day 4 - Cividale del Friuli and Colli Orientali

Programme:

Day 1 - Arrival in Udine and first impressions of the city

Participants arrive in Udine and check into their hotel. Depending on the arrival time, the day begins with a guided walking tour of the historic center to explore the city, followed by a traditional Friulian aperitif and dinner.

Alternatively, or as a supplement, it is possible to visit the [Archaeological Museum of Udine](#), which features Braille panels and tactile elements along the route.

It is also possible to organize a dedicated tour for blind or visually impaired groups to the [Impressionism exhibition at Casa Cavazzini](#), which runs through August 2026.



Day 2 - Trieste: Coffee as a Cultural Identity

Ingredient of the Day: Coffee

Bus transfer to Trieste. The morning is dedicated to a **guided walk through the historic center, visiting iconic sites such as Piazza Unità d'Italia, the Canal Grande, and the**



ALL OUR TOURS AND EXPERIENCES ARE DESIGNED TO BE ACCESSIBLE AND ENJOYABLE TO EVERYONE

Wander Ability WANDERABILITY SRL, Via del Pellegrino 3, 50139 Firenze - CF 07311150481 - mobile +39 3281915042

Molo Audace. The tour includes a visit to the **city's main historic cafés - Caffè San Marco, Caffè degli Specchi, and Caffè Tommaseo - featuring stories, anecdotes, and tastings,** as well as a segment dedicated to “learning how to order coffee” according to Trieste tradition.

In the afternoon, **a visit to Miramare Castle and the main paths of the park.** The castle's educational staff **offers tours designed for blind or visually impaired visitors, featuring tactile aids, 3D models,** and the opportunity for tactile exploration of original furnishings and artifacts. The park also features **tactile panels dedicated to the botany and history of the site.**

Dinner on your own or at the hotel.



Day 3 – Aquileia: Archaeology and Chocolate

Ingredient of the Day: Chocolate

The morning is dedicated to **Aquileia, with a visit to the Basilica of the Patriarchs and the main archaeological sites.** At the basilica, participants will engage in a tactile exploration **of the famous “Knot of Solomon,” accompanied by tactile panels on the architecture and historical explanations.** The tour continues through the



ALL OUR TOURS AND EXPERIENCES ARE DESIGNED TO BE ACCESSIBLE AND ENJOYABLE TO EVERYONE

Wander Ability WANDERABILITY SRL, Via del Pellegrino 3, 50139 Firenze - CF 07311150481 - mobile +39 3281915042

archaeological area and the museum, featuring tactile reliefs and trained staff. The tour is led throughout the morning by Giovanna Tosetto, a guide specializing in accessible tourism.

Lunch takes place at [Ristorante La Colombara](#), featuring a **menu inspired by ancient Roman cuisine**, in keeping with the archaeological tour.

OPTIONAL

In the afternoon, there will be a sensory workshop at the [Cocambo chocolate shop](#), located near the archaeological site. The experience includes **a guided tasting and a mini-workshop** in a welcoming setting that is very popular with groups. Before or after the activity, you can take a short walk around the area.

Return to Udine and dinner on your own.



Day 4 - Cividale del Friuli and Colli Orientali

Today's ingredients: wine, stucco pastries, and Gubana

Transfer to Cividale del Friuli for **a guided tactile tour of the Lombard Temple (a UNESCO World Heritage Site)** and a selection of **local museums equipped with tactile elements and sensory trails**. Lunch will be served in Cividale, featuring a tasting of traditional local desserts, **including Stucchi and Gubana**.



ALL OUR TOURS AND EXPERIENCES ARE DESIGNED TO BE ACCESSIBLE AND ENJOYABLE TO EVERYONE

Wander Ability WANDERABILITY SRL, Via del Pellegrino 3, 50139 Firenze - CF 07311150481 - mobile +39 3281915042

OPTIONAL

In the afternoon, visit the **Colli Orientali Ca' Tullio winery**, featuring a **wine tasting and aperitif, possibly paired with cheese and cold cuts.**

Return to Florence.



Useful info:

- Transportation: WanderAbility minivan
- Duration: 5 days
- Reservation: required

Accessibility:

Nature and culture, with tours and activities designed specifically for blind and visually impaired tourists.

Languages:

- Italian
- English



ALL OUR TOURS AND EXPERIENCES ARE DESIGNED TO BE ACCESSIBLE AND ENJOYABLE TO EVERYONE

Wander Ability WANDERABILITY SRL, Via del Pellegrino 3, 50139 Firenze - CF 07311150481 - mobile +39 3281915042

Costs: starting at €630; minimum 6, maximum 8 participants

The tour includes:

- Accommodation with breakfast at a 3-star hotel
- Tour guide throughout the stay
- Guided tours as per the itinerary

The tour does not include:

- Anything not specifically mentioned under “The tour includes”



ALL OUR TOURS AND EXPERIENCES ARE DESIGNED TO BE ACCESSIBLE AND ENJOYABLE TO EVERYONE

Wander Ability WANDERABILITY SRL, Via del Pellegrino 3, 50139 Firenze - CF 07311150481 - mobile +39 3281915042